

Spa Struck

MASSAGE • FACIALS • BODYWRAPS • MANICURE

(970) 845-BACK (2225) or ext. 3185

Open 7 days a week: Winter 8:00am-9:00pm • Summer 9:00am-7:00pm
Welcome to SPA STRUCK, a comfortable retreat where you can unwind and indulge in any number of stress-reducing, relaxational and therapeutic treatments.

We always have weekly specials, call or visit our website www.spastruck.com

FOR YOUR INFORMATION:

For a Complete List of our Spa Treatments, please refer to the Spa Brochure next to the telephone in your room or visit our website www.spastruck.com.

All services at our spa in The Charter include use of a fully equipped fitness center, indoor & outdoor pools and hot tubs. Locker facilities with steam, sauna, showers, shampoo and blow dryers. A fluffy robe, sandals and locker key are waiting when you arrive. Relax in our Tranquility Room before and after your services. We suggest that you arrive 15 minutes prior to your reservation start time as your treatment will end on time so the next guest will not be inconvenienced.

Gratuities are not added to your charges; you may add them at your discretion. Prices are subject to change seasonally. Spa Struck cannot be responsible for personal belongings.

NEW TO SPA-ING?

If you are new to the spa environment, any of our therapists or reception staff would be more than happy to help you decide which treatments would be most beneficial to achieve your desired results.

SPA / HEALTH CLUB ENJOYMENT

For everyone's safety and enjoyment, we ask that all cell phones and pagers be left in your hotel room or the locker room. Children under 16 need parental supervision.

VALUABLES

For the safety of your valuables we suggest that you leave them in your room or in one of the hotels safety deposit boxes. We have lockers to store clothing.

ARRIVE EARLY

We suggest you arrive at least 15 minutes prior to your reserved time, to check in, receive your introduction, change into your robe and enjoy our tranquility room. Please understand your treatment will end on time so the next guest will not be inconvenienced.

SPA APPAREL

Please bring a swimming suit if you wish to enjoy our indoor/outdoor pools and hot tubs. During your massage, you will be covered with a sheet at all times. While we recommend undressing completely, you are welcome to wear undergarments if you prefer. For other spa services, our therapists or estheticians will provide you with an appropriate garment.

GIFT CERTIFICATES

We offer gift certificates in dollar increments, personalized packages of your choice, or individual treatments. For your convenience we accept orders by phone. Call us at 800-976-2225. Gift Certificates expire 12 months from the date of purchase and are not refundable.

IN ROOM MASSAGE

If you don't want to leave the comfort of your room, our therapists will come to you with a massage table, sheets, oils and music. In-room massage prices subject to a \$25 travel fee.

PAYMENT & TIPPING

Gratuities are not added to your charges; you may add them at your discretion. As a guest of The Charter, you may make spa charges to your room, we also accept Master Card, VISA, American Express and cash.

CANCELLATION POLICY

As a courtesy to our therapists and other guests, please notify us of cancellations or changes at least 24 hours before your scheduled appointment. Cancellations made less than 24 hours will be subject to full charge.

TAKE SPA STRUCK HOME WITH YOU!

Inspired by the extreme dryness of the Colorado climate, our staff worked with a chemist to design a line of bath and body products featuring a higher level of soothing moisture. Beautifully packaged with Vail/Beaver Creek on the label, these products are a great gift idea or the perfect way to extend your Spa Struck experience!

CORPORATE AND SPECIAL EVENTS

Spa Struck offers event planning for corporate and group events. Call our Group Services Specialists at (970) 926-8889 or email us spastruck@aol.com.



MASSAGE

FULL BODY MASSAGE

Our Certified Therapist will give you a full body massage using oil and firm massage strokes. (50 Min. - \$105, 80 Min. - \$155, 110 Min. - \$205, Deep Tissue – add \$10)

HYDRATING SWEDISH FULL BODY MASSAGE

Our Swedish Massage combines firm muscle strokes with kneading of the tissue to work out stress and tension. It is performed utilizing a hydrating lotion mixed with essential oils to soothe dehydrated skin. You leave relaxed and your skin is moisturized after this treatment. (25 Min. - \$75, 50 Min. - \$115, 80 Min. - \$165, 110 Min. - \$215, Deep Tissue – add \$10)

HOT STONE FULL BODY MASSAGE

Hot Polished Lava Stones massage your body, transferring the heat from the stones into your muscles, to warm them. This allows the therapists to then use their hands to virtually melt away stiffness, creating a feeling of deep relaxation and relief. (50 Min. - \$125, 80 Min. - \$175, Deep Tissue – add \$10)

AROMATHERAPY FULL BODY MASSAGE

A soothing massage using long, flowing strokes and essential oils to enhance energy flow while influencing your sense of smell and signaling your nervous system to release muscle tension. Stress and worry melt away by using the healing power of essential oils on your body and in the room. Choose one of the following. (50 Min. - \$125, 80 Min. - \$175)

Anti-Stress: This oil is a calming blend to relieve stress and anxiety. It has great soothing qualities that help clear the head and promote mental and physical tranquility.

Mood-Rescue: This oil is a complex blend that lifts your mood and rebalances your soul naturally, stimulating the clarity we all seek.

Detox: This oil is a blend that stimulates diuretic functions and eliminates harmful body toxins assisting in a healthy body balance.

Muscle Recharge: This oil is a blend for post exertion of muscles to recharge tired overworked muscles, helping relieve stiffness and reduce fluid retention.

ATHLETE'S RELIEF SPORTS FULL BODY MASSAGE

Using a combination of muscle flushing strokes and light stretching techniques with our popular sports lotion, we reduce lactic acids and toxins helping you spend more time enjoying activities on the mountain. (25 Min. - \$75, 50 Min. - \$115, 80 Min. - \$165, Deep Tissue – add \$10)

DEEP TISSUE FULL BODY MASSAGE

For people experiencing chronic pain or just like a deeper massage. Trigger points are manipulated to release tension, restoring muscle integrity and overall body balance. (25 Min. - \$75, 50 Min. - \$115, 80 Min. - \$165)

PRENATAL MASSAGE

A massage designed to target those areas most affected by pregnancy. Special techniques are used to relieve headaches, sinus congestion, backaches, leg cramps and sciatic pain. (50 Min. - \$115, 80 Min. - \$165) Advanced Notice Requested

HIGH ALTITUDE MASSAGE

For those adjusting from sea level or suffering from high altitude symptoms (shortness of breath, headache, nausea), this aromamassage treatment uses special therapeutic essential oils that help promote respiration, relax the body, calm the nerves and soothe your headaches. (50 Min. - \$125, 80 Min. - \$175)

COUPLES MASSAGE

Unwind and relax, as you get massaged side by side, each with your own personal therapist in the same private environment. This treatment is the ultimate self indulgence for you and your partner. (50 Min. - \$230)

SKIER'S PERFORMANCE MASSAGE

During the winter season this Spa Struck exclusive experience is used to help you improve your ski performance. This combination of massage and stretching will decrease muscle soreness and increase flexibility in the muscles used while skiing. This treatment also aids in a rapid recovery so you can get back on the slopes. Whether you are an expert or novice, this is a must treatment for anyone who is planning multiple days on the slopes. (50 Min. - \$125, 80 Min. - \$175)

TRANSCENDENT TANDEM MASSAGE

Two Professionally trained therapists massage you simultaneously in a freeform dance of the hands that feels artfully choreographed to music. The Result is a transforming experience that leaves you in a deep state of relaxation. An absolute indulgence. (25 Min. - \$140, 50 Min. - \$220, Deep Tissue – add \$20)

TRAVELER'S BACK AND NECK RELIEF

For those who don't have time for a full body massage. This treatment focuses on the upper body where stress and tension tend to accumulate. (25 Min. - \$65)

SPECIALTY TREATMENTS

FOOT REFLEXOLOGY

An ancient Oriental massage technique using pressure points on your feet that correspond to specific organs and parts of your body. Promotes relaxation relieves stress and releases energy throughout the body. (25 Min. - \$75)

HOT OIL SCALP TREATMENT

Do you love having your head rubbed? Relieve tension while stimulating hair vitality through this relaxing combination of hot-essential oils massaged into your head, neck and shoulders. Pure Luxury! (25 Min. - \$80)

SORE FOOT AND LEG RELIEF

After a grueling day of skiing, golfing or biking, let us restore your tired feet and lower legs with our minty-cool conditioning massage cream. (25 Min. - \$80)

HAND, FOOT AND SCALP MASSAGE

It is proven that massaging the hands, feet and scalp induces total relaxation. This spa trio features medium-to-firm pressure massage of the hands, feet and scalp, complemented with aromatherapy in conjunction with a hand and foot treatment lotion to reduce tension and improve circulation. (50 Min. - \$130)

ACUPRESSURE CHAIR MASSAGE

Invigorating upper body massage received in the seated position with a specially designed chair without disturbing or removing everyday attire. Special attention is paid to the neck, scalp, shoulders, back, lower back, arms and hands. Through pressure on specific stress release points and gentle manipulation, the body throws off tension and increases systematic circulation, leaving you feeling awake and alert. (20 Min - \$45)



MASSAGE ENHANCEMENTS

(Must be combined with a Massage)

HOT TOE BLISS

Pamper your toes with this ancient technique of stone placement. Warm stones massage the feet as small stones are placed between the toes for relaxation. May help clean toxins from the body and open energy channels. \$20 (Must be combined with a Massage)

WARM HANDS

Are your hands dried out in this Colorado air? Add a warm hand treatment to your massage and watch your hands absorb moisture. A mango moisturizer is applied to your hands while wrapped in warm mitts, leaving them silky soft and smooth. \$20 (Must be combined with a Massage)

WARM FEET (SECRET FOOT REMEDY)

Are your feet cracking and dry. Add this warm boot treatment to your massage and your feet will thank you. This soothing foot wrap uses imported cream that will heal your feet like new. Ask about this imported foot relief for take-home use. \$20 (Must be combined with a Massage)

FACIALS

Men and women of all ages can benefit from a Spa Struck Facial. Based on analysis of your skin and your skin care goals, your esthetician will assist you in determining the best facial for your skin type. Our staff is trained to focus on a variety of concerns such as aging, dryness, acne, sensitivity and sun damage, to name just a few. Every Facial will give you just what you need to rejuvenate your skin and relax your mind....

EUROPEAN FACIAL

This introductory facial includes a preliminary cleansing, followed by a gentle exfoliation with steam. You are treated to a relaxing, massage of the face and neck, which is followed by a skin perfecting mask. A hydrating moisturizer finishes the treatment. (50 Min. - \$115)

SENSITIVE SKIN FACIAL

An intensive care facial to calm, soothe and reduce the redness of irritated, blotchy skin. It decongests and moisturizes tissue, regenerates and heals sensitive, reactive skin. Even the most fragile skin types benefit from this soothing procedure. (50 Min. - \$125)

AGE-PROTECTION FACIAL

The key to beautiful skin is hydration. This treatment contains essential nutrients to restore your skin's ability to retain natural moisture. It reduces fine lines, strengthens skin's elasticity and restores a youthful appearance. (50 Min. - \$125)

CLEAR SKIN OR TEEN FACIAL

Whether you have oily skin or acne, get immediate and long lasting help for skin imperfections. Our correcting facial uses antiseptic and exfoliating properties to reduce breakouts and inflammation, leaving your skin perfectly clean and fresh. Teens can benefit with skin care tips from our estheticians. (50 Min. - \$125)

GENTLEMAN'S FACIAL

Enjoy a facial designed especially for men with focus on toning and massaging the face, temples and jaw to exfoliate the skin and stimulate the production of collagen and elastin. As the mask takes effect enjoy a scalp treatment and soothing foot massage. Resulting in skin that is firmer and more evenly defined (55 Min. - \$145)

BACK FACIAL

This back treatment begins with an exfoliating steam treatment, deep pore cleansing, antibacterial extractions and a cleansing clay mask. Followed by a gentle back massage and hydrating lotion. This treatment is excellent for those suffering with breakout and blackheads on the back. (50 Min. - \$125)

EXPRESS FACIAL

The perfect mini treatment for between full facials includes cleansing, exfoliation with steam and moisturizer. (25 Min. - \$85)

SPECIALTY FACIALS

CAVIAR FACIAL

This treatment is ideal for skin conditions such as loss of elasticity, dehydration, and mature aging skin. A European-style facial utilizes French seaweed and vegetable coral with steam to balance moisture levels and achieve the most effective firming result. The secret is a combination of the latest advances in skin care, a nourishing fusion of rich botanicals, vegetable botox, crushed pearls and marine caviar are layered together for deep penetration and anti-aging repair. Followed by an invigorating face and neck massage. It is a soothing relaxing treatment that reveals fresh and rejuvenated skin. (55 Min. - Separately \$210, Package Price \$165)

DELUXE FACIAL

Designed specifically to nourish, tone and improve the texture of dry skin. It begins with a facial personalized to your skin, then adds a transepidermal collagen mask, an eye lift, complimented with a neck and décolleté repair and a relaxing hand massage and foot moisturizing wrap. Leaving the skin deeply hydrated and healed to perfection. (55 Min. - Separately \$210, Package Price \$165)

LUXURY ANTI STRESS FACIAL

This facial is specifically designed for skin with microcirculation problems, couperose, rosacea and hypersensitive conditions. It begins with a gentle European-style facial with enzymes and steam. A mask that combines highly comforting and healing ingredients to bring visible results to dilated capillaries, congestion, blotchiness and irritability. An anti-stress face and lower neck massage. Your skin is renewed as its surfaces are decongested, soothed and hydrated to perfection. (55 Min. - Separately \$210, Package Price \$165)

THE ULTIMATE FACIAL

Why not treat yourself to the best. This is a unique treatment that begins with European facial procedures, combined with an effective enzyme peel which precedes a neck and décolleté repair, an eye lift and a mango hand wrap and moisturizing foot massage. Designed to noticeably improve skin elasticity, tone and texture. (55 Min. - Separately \$210, Package Price \$165)



FACIAL ENHANCEMENTS

(Must be combined with a Facial)

NATURAL ENZYME PEEL

The enzyme peel is an exfoliation accelerator. Formulated with papain to dissolve keratin of the epidermis, leaving an even skin tone and refined texture. It is recommended for all skin types including sensitive skin. \$20 (Must be combined with a Facial)

COLLAGEN RESTORATIVE MASK

A fragrance free cream containing Collagen, blended with Vitamins E & A to help nourish, hydrate and retexture the epidermis, resulting in radiant skin. The mask is recommended for dehydrated and mature skin. \$20 (Must be combined with a Facial)

EYE LIFT

First, we apply an enzyme eye mask specifically for the delicate tissue around the eyes to relieve the "tired" look. Followed by a contouring eye cream to regain the skin tone and elasticity, treating fine lines and puffiness. \$20 (Must be combined with a Facial)

LIP BLOOMING ENHANCER

Get velvety soft lips with a fruity scrub exfoliate, followed by a nourishing and protective mask. Finishing with a lip balm with 10 SPF that nourishes and protects, plumps and hydrates. \$20 (Must be combined with a Facial)

MANGO HAND TREATMENT

Feel the moisture penetrate as we massage your hands and oil the cuticles with a blend of mango moisturizers, vitamins and minerals. Relax with heated mitts while this calming blend uncovers fresh radiant skin. \$20 (Must be combined with a Facial)

PEPPERMINT & EUCALYPTUS FOOT TREATMENT

Relax while hydrating lotions are massaged into your tired feet. Enjoy the peaceful calming scent and feeling of heated boots helping these products heal and rebuild cracked, damaged feet. \$20 (Must be combined with a Facial)

BODY WRAPS

SLIMMING AND CONTOURING BODY TREATMENT

This body treatment is ideal for those with cellulite, heavy legs and conditions involving water retention and bloating. A warm mineral formula containing herbs and antioxidants is applied to the body to enhance cell regeneration and purification. You are wrapped in a heated blanket for deeper penetration of the active ingredients that specifically target stagnant tissue. Enjoy a head and foot massage, then, a refreshing shower and application of reducing cream to improve circulation and help drain fluids and stimulate metabolism creating a more upbeat energetic feeling. (50 Min. - \$150)

ROCKIES REHYDRATION HERBAL WRAP (NO SHOWER NEEDED)

Replenish dry dehydrated skin from time spent in the mountains. Pure Vitamin E is blended with aloe Vera and essential oils to allow the skin to absorb moisture. The healing process begins as this combination is thoroughly massaged into the skin, then you are wrapped in a warm blanket allowing the oils to be easily absorbed. While you drift peacefully, your scalp and feet will be massaged to replenish your senses. (50 Min. - \$135)

GREEN TEA BODY POLISH

Green tea has been regarded for centuries as a powerful antioxidant. This is a gentle body exfoliant with dead sea salts, rich in magnesium and potassium, laced with essential oils and a refreshing body cleanser. After a warm shower, green tea moisturizer is applied to your skin for hydration. This treatment sloughs off dead skin cells, improves circulation, fights stress and leaves your skin feeling refreshed and radiant. (25 Min. - \$85)

DETOXIFYING SEAWEED BODY WRAP

This treatment is used for toning and reduction by models and movie stars, the world over. After exfoliation, you are covered with an imported seaweed blend. The seaweed is warmed on the skin, allowing your body to absorb the nutrients of the sea while you enjoy a scalp massage. After a shower, the minerals initiate the elimination of impurities and help detoxify the body while you relax with a foot massage. Finish the experience with a refreshing shower and hydrating body lotion massaged into your skin. (80 Min. - \$185)

MILK AND HONEY SKIN TREATMENT

Milk is one of nature's best remedies for the skin. The antioxidants clean and purify the skin while the humectant properties of honey seal in moisture leaving the skin soft and supple. Enjoy a gentle exfoliation, your mind and body relax while the skin is then wrapped in the warm milk and honey mixture. A soothing scalp and foot massage relax you as you rest. After a rinse a milky moisturizer is applied leaving the skin nourished and hydrated. (50 Min. - \$135)

RED WINE HYDRATING BODY SOUFFLÉ

Soothe and refine the texture of your skin with this exfoliating and hydrating treatment. This antioxidant body soufflé is a synergistic merger of red wine, vitamin C and essential oils. After a gentle exfoliation, the warm soothing soufflé rich in red wine extracts and minerals is spread over your body to relax and nourish every inch of your skin. As the healing and nourishing seeps in with warm heat enjoy an aromatherapy scalp and foot massage. Finish with an application of luxury body moisturizer guaranteed to make your skin feel conditioned and silky smooth. (50 Min. - \$135)

DEAD SEA AND CHAMOMILE BODY MUD MASQUE

Cleanse, soothe and restore the mind and body with this warm mud. This extensive body experience is a blend in anti-inflammatory and desensitizing healing properties rich in Chamomile, Lime and selected clays. Take comfort in the warmth of a body wrap with a gentle scalp and foot massage. This blend cleanses and balances cell regeneration resulting in smooth nourished skin. (50 Min. - \$135)



NAILS

PROFESSIONAL MANICURE

Treat over worked hands with our professional manicure, which includes a warm aromatic hand bath and massage while restoring nails and cuticles to their natural beauty. Choose a polish designed to suit any mood or occasion. (25 Min. - \$35)

SPA MANICURE

This treatment begins with our already delightful professional manicure proceeding with a luxurious crystal activator exfoliation treatment which encapsulates your hands under warm mitts that assists in exfoliation and hydration. Nails are shaped and polished giving your hands all of the essentials they need to feel soft and look silky smooth. (40 Min. - \$55)

PROFESSIONAL PEDICURE

A maintenance treatment for people that have pedicures regularly. Feet are soaked in our aromatic sea salt bath, legs and feet are massaged, while nails and cuticles are shaped and polished to perfection. (25 Min. - \$45)

SPA PEDICURE

Sit back and relax in our state-of-the-art pedicure sofa. The spa pedicure is one of our most popular services. This treatment includes polish removal, cuticle softening and reshaping, callous and heel filing using an alpha hydroxy acid scrub, foot and leg marine mask followed by a luxurious foot and calf massage, polish and finish coats. It's like a facial for the feet! (40 Min. - \$65)

HOT STONE PEDICURE

The essence of hot stones penetrating warmth and healing energy puts the bounce back in every step. With the use of aromatherapy coupled with our spa pedicure along with heated basalt stones are massaged into calves and feet, placed between your toes to relieve soreness and tension leaving you feeling completely rejuvenated. Your feet deserve this! (50 Min. - \$85)

FRENCH MANICURE OR PEDICURE

Our estheticians will paint your fingers or your toes in a French (very popular for weddings style for an additional \$15).

SPA PACKAGES

LADIES "IT'S ALL ABOUT YOU!"

Ladies unwind with the ultimate facial designed for all skin types to improve skin's elasticity, tone and texture enhanced by our special lip treatment to leave your lips velvety soft. An aromatherapy hot stone massage using a calming blend of aromatherapy and warm lava stones to enhance a nurturing feeling head to toe. The finishing touch to your time away is a spa manicure and spa pedicure. If only everyday could begin like this. (3.5 Hours - Separately \$495, Package Price \$395)

GENTLEMAN'S GET-A-WAY

Sometimes men need to turn off their brains and relax! We've combined three treatments that men request most into one efficient package. Massage, Massage & more Massage! A full body sports massage to work sore and tired muscles, cooling foot and leg massage to release you from the bondage of shoes and a hot oil scalp massage to take you to the alpha state of relaxation. You won't want this one to end. (110 Minutes - Separately \$275, Package Price \$245)

BUSY MAN'S GET-A-WAY

For those that want all of the benefits in half the time. Two therapists work simultaneously to perform the Gentleman's Get-a-way, including Sports massage, hot oil scalp and cooling foot and leg relief. (55 Minutes - Separately \$310, Package Price \$260)

CELEBRITY TREATMENT

Restore balance back into your body. Our detoxifying seaweed wrap is designed to initiate the elimination of impurities and detoxify your body. Followed by a hydrating massage using sweeping strokes to promote increased blood flow through muscle tissue to enhance your circulation and flexibility while reducing stress and anxiety. Experience a more balanced flow of energy as we finish with a hot stone pedicure taking you to a deep dimension of balance, relaxation and well being. (3 Hours - Separately \$345, Package Price \$305)

COUPLES DELIGHT

You and your special someone will relax and enjoy while receiving a luxurious hydrating massage together. Next she will emerge glowing from the ultimate facial while he will relax with our gentleman's facial. Finish with his and her classic spa pedicures in our "state of the art" pedicure sofa. Leave feeling a togetherness that will be a highlight of your vacation. (2.75 Hours - Separately \$715, Package Price \$615)

FOR THE MOTHER TO BE

Indulge in a half-day experience designed to honor and address the special needs encountered during pregnancy. Our prenatal massage will relax the lower back, feet and legs while helping to hydrate the skins elasticity. A customized facial suitable to your skin's changing needs will provide the ultimate cleanse. Complete this day with a relaxing spa pedicure, your whole body will thank you. (2.75 Hours - Separately \$390, Package Price \$325)

FOR THE BEAUTIFUL BRIDE

Relax and get centered before your big day. Begin your spa experience with our signature red wine body wrap to hydrate and smooth your skin with the vitamins and minerals of this soufflé. Stress will melt away with a stress relief aromatherapy massage to put all your pre-wedding jitters to rest. Complete your experience with a spa manicure and spa pedicure. You leave looking and feeling radiantly beautiful. (3.5 Hours - Separately \$380, Package Price \$340)